

33rd Annual SOU Volleyball Camp

Raider Volleyball Camp 2010

- * 34 hours of contact (coached and playing)
- * 8 to 1 camper to coach ratio
- * Individualized instruction (special help)
- * Mental aspect of the game
- * Top player demonstrations for campers

SUMMER July 25-29

'09
'07 '05
'01 '02 '03 '04
Regional
or
Conference Champions

www.souraiders.com

- Coaching staff that includes 3 state “Coach of the Year”
- 15x Conference “Coach of the Year” award winners
 - 3 Collegiate Regional “Coach of the Year”
- Staff also includes Present and Former Raider standouts, Present Division I standouts, Collegiate All-Americans, and The SOU Coaching Staff

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Keep this page for your information:

Camp Mission:


The SOU Volleyball Camp is designed to teach the ideas, techniques, fundamentals, attitude, and discipline to be successful in volleyball and everyday life. We want to ensure that every individual has fun making new friends and is willing to work hard to become a better volleyball player.

Campers must range from 7th-12th grade (or athletes that are in the 6th grade that participated in club volleyball).


Lodging and Meals:

Lodging is provided by the University residence hall facilities. All linens are provided. The university will provide all meals. Price varies by camp plan. The residence halls are chaperoned by SOU Volleyball Camp Staff. It is a very safe, fun, and positive environment.


Plan #1

 Commuter Plan
\$230.00 for camp sessions
No Lodging/No Meals

Plan#2

 Commuter w/meal plan
\$295.00 for camp sessions
7 Meals

Plan#3

 Residence Plan
\$375.00 for camp sessions
Lodging/11 meals

Application and Camp Cost:

Camp is open to the first 150 campers who send in their application along with a \$75.00 non-refundable deposit. Make Checks Payable to SOU Volleyball Camp.

A \$75.00 non-refundable deposit should be sent to SOU business services no later than July 11, 2010.

(Space is limited; the camp filled to capacity early the past 3 summers.)

The final balance due is payable at registration upon arrival to camp
July 25, 2010.

Mail to:

**SOU Athletics
Volleyball Camp ---attn. Rhonda
1250 Siskiyou Boulevard
Ashland, OR 97520**

Registration:

Check-in is Sunday, July 25, 2010.* Located in McNeal Hall from 4:00 to 5:00 PM for all Resident campers and 5:00 to 6:00 PM for all commuters. Meals will not be served on Sunday night. A confirmation email and camp outline will be sent in early July upon receipt of the registration and deposit arrival.

If the camper is not accepted in to camp, notification of that information will be sent earlier.

Pick-up and Return:

We can arrange to pick up individuals at Medford International Airport or the Ashland bus station on the days of check-in and check-out. We must be notified prior to the beginning of camp.

What to Bring:

Campers should bring court shoes, kneepads, water bottle, plenty of shorts, shirts, socks, and a swimsuit. In addition campers should bring soap, toiletries, towels, and an alarm clock.

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The following 2 forms need to be sent to SOU

2010 SOU Volleyball Camp Registration

Insurance

You must provide a primary insurance carrier. All campers must have primary insurance to attend SOU Volleyball camp

I hereby, authorize the staff of the Southern Oregon University Volleyball Camp to act for me according to their best judgment in any emergency requiring medical attention. I also hereby waive and release Southern Oregon University and the staff of the Southern Oregon University Volleyball Camp from any and all liability for any injuries sustained while my daughter is at Camp. I have no knowledge of any physical impairment that would affect my daughter's participation in the volleyball camp.

Legal Guardian Signature:

Date:

Name of primary insurance Company:

Policy #:

Medical Concerns/Alert:

Drug Allergies:

Print Name of Parent / Guardian

Signature of Parent/Guardian

Date:

Print Name of Participant:

Signature of Participant:

Date:

Emergency Contact Information (Please Print)

1) Contact/Relation/Number:

2) Contact/Relation/ Number:



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Deposit and Payment:

A \$75.00 non-refundable deposit should be sent to SOU business services no later than July 11, 2010.

Enclosed (circle):

Check or Money Order (Make checks/money orders Payable to SOU Volleyball Camp)

Visa or MasterCard

Enclosed Total Amount \$

Card #

Expiration Date:

Signature:

Mail this form and the following form to:
SOU Athletics
Volleyball Camp ---attn. Rhonda
1250 Siskiyou Boulevard
Ashland, OR 97520

Camper Name:

Email (Legible):

Address:

City:

State:

Zip:

Grade Entering:

Phone Number:

Last Highest Level of Play (Varsity, Club Travel, 8th grade, etc):

Club Team:

(Please Circle Plan and Shirt Size below)

T-Shirt Size (Adult Sizes) XS S M L XL XXL

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